

What is the relationship between alcohol consumption during lactation and the quality and quantity of breast milk available for the offspring? (DGAC 2010)

Conclusion


Moderate, consistent evidence shows that when a lactating mother consumes alcohol, alcohol enters the breast milk and the quantity of milk produced is reduced, leading to reduced milk consumption by the infant.

Grade: Moderate

Overall strength of the available supporting evidence: Strong; Moderate; Limited; Expert Opinion Only; Grade not assignable For additional information regarding how to interpret grades [click here](#).

Evidence Summaries

What is the evidence that supports this conclusion? For more information, click on the Evidence Summary link below.

 [What is the relationship between alcohol consumption during lactation and the quality and quantity of breast milk available for the offspring?](#)

Search Plan and Results

What were the search parameters and selection criteria used to identify literature to answer this question? For more information, click on the Search Plan and Results link below.

[What is the relationship between ethanol consumption during lactation and the quantity and quality of breast milk available for the offspring?](#)